

Josiah Braithwaite Community Garden

April – September 2019



30th September 2019

Gardening clubs May-Sept 2019

- 21 gardening clubs of 38 planned through the year
- Clubs have happened both on Saturdays in the gardens but also with partner Shepherds Bush Families
- Also done clubs with Nubian Life Elders

Gardening clubs May-Sept 2019



At the Josiah Braithwaite Community Garden. The gardening clubs started small but have grown in the numbers attending over the 5 months we have been running them.

Gardening clubs May-Sept 2019



Families have been coming along on Saturdays to explore the garden, plant seeds and harvest from the garden.



Gardening clubs May-Sept 2019



We had a wormery donated by a local couple who were moving to America.



Gardening clubs May-Sept 2019



Each of the children who come have their own scrapbook where they can record what they see in the garden. Here the children are decorating the front of their scrapbooks.



Gardening clubs May-Sept 2019 with elders



We have held some gardening clubs with the Nubian Life elders who have planted seeds. The beans, cucumbers, amaranth and sweetcorn were grown from the seeds they planted.

Gardening clubs May-Sept 2019 with elders



Gardening clubs May-Sept 2019 with Shepherds Bush Families



The garden co-ordinator also went to the After School club at the Shepherds Bush Families project to show families how to plant seeds to take home with them.



Gardening clubs May-Sept 2019 with Shepherds Bush Families



As a result of getting to know the families many of them now come along to the garden on Saturdays.

This was a session where the children made felt balls with wool coloured with natural dyes.

Health & Wellbeing day 20th July 2019

- Day funded by the Major's Garden Park City that provided outdoor activities for elders and local families as well as people from across London
- Included Yoga session, herbal teas workshop, making a skin cream workshop and free lunch
- As well as elders from the Nubian Life Centre, Families from Shepherds Bush Families came along with local people
- Great success for the garden in attracting a wider audience

Health & Wellbeing day 20th July 2019



The children as well as the adults were fascinated by the workshop demonstrating how to make a skin cream from calendula flowers. The children made stencil drawings of mini-beasts and had their faces painted.



Health & Wellbeing day 20th July 2019



The adults who came learnt about the planting arrangements and how they support wildlife as well as the plants. They also harvested beans and tomatoes.

The children on the right were searching for mini-beasts under stones in the garden.



Grow Culture day 31st August 2019

- Funded by Capital Growth we held a Grow Culture day which gave a chance to share food and crafts from different cultures
- We did some natural dyeing using nettles and blackberry leaves from Britain
- We had a samosa making workshop for the adults and children
- We had lunch with Indian and Caribbean food

Grow Culture day 31st August 2019



We prepared dye baths from nettles and brambles.

Suma explained how she had prepared the spices for the dhal she made.



Grow Culture day 31st August 2019



The children made samosas (here making the dough).

The multi-cultural lunch was delicious with Indian and Caribbean food.



Grow Culture day 31st August 2019



Workshops May-Sept 2019

We have had six workshops:

Two workshops with Permablitz London

One workshop with Capital Growth (see below)

Three workshops organised in the Garden

Workshops



This was the workshop on taking cuttings.

Workshops



Photos from the workshops organised with Permaculture London. People came to look at the miniature forest garden.



Capital Growth partnership

The Josiah Braithwaite Community Garden is a Training hub for Capital Growth. We have held a Capital Growth workshop there.



Good Gym partnership

Good Gym are coming monthly to tidy up the garden, sweeping, clearing and doing other simple gardening jobs.



Garden through the summer



Here are some pictures from the garden as the plants have grown through the summer.



Garden through the summer



Garden through the summer

